

Christ the King College
"The Way, the Truth and the Life"
Christian Secondary School on the Isle of Wight
Headteacher: Mr A R Montrose

5th January, 2024

Dear Parents/Carers,

Week 1 of 2024 is almost over. I have said several times in previous messages to you that 'time flies'; and it really does! That said, I came across some wise words a few days ago - *The bad news is time flies. The good news is you're the pilot.* With this in mind, I have spoken to all students this week about the importance of taking opportunities they have in the time they have with us here. I also challenged them to continue to actively demonstrate one of our core values here at Christ the King - Respect; respect for ourselves, each other and the environment.

In a few weeks time, we will be having a Lockdown Drill here at College. Staff have had training on this, and students will be taken through procedures next week during Form time. Please see this link for more information about what the rationale for a Lockdown Drill, and what it entails [Lockdown letter](#)

For the first few days of this Spring term, we have been a little more lenient than usual regarding any uniform issues students have had; from next Monday, we will be reinstating the sanction of a same-day after school detention for students who fail to adhere to our expectations. One specific item of uniform I would like to mention is trousers - our policy states that these should be formal; several of our young people (mainly girls) are wearing tight trousers which are leggings. These are not allowed. May I thank you once again for your support in our 'Dress for Success' focus.

A small handful of our students are sadly letting themselves down regarding their use/abuse of our facilities. Our toilets areas have five cubicles in each section. Despite multiple warnings, more than one student have been caught occupying one cubicle. This is a potential safeguarding and safety issue, and we cannot allow it to happen. With this in mind, if any students are seen in a cubicle with any other student, they will be sanctioned accordingly.

There are several Parents' Evening in the calendar over the next few weeks (see information below). In terms of these events this year, we have decided on a hybrid of face-to-face meetings and online meetings. This decision was taken after the feedback we received from yourselves in a survey which was sent out at the start of the year. There are clearly many pros and cons for both types of Parents' Evenings - and I am aware that some of you prefer one type but not the other, and *vice versa*. We will continue to canvass you regarding these events to plan for the next academic year.

On the subject of time flying - it has been one year since I arrived as Headteacher. It has been a busy whirl-wind of a year, but I have enjoyed it immensely. I am very much looking forward to leading our wonderful community into 2024 and beyond. As I am often heard saying - *Onwards and upwards!*

Have a lovely weekend, and (a day or so early) - Happy Epiphany! The blessing below is a traditional blessing for homes which is sometimes chalked above a doorway.



Mr Montrose


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EPIPHANY BLESSING

20+C+M+B+24

The numbers represent the year (2024).
The letters represent both the names of the
Magi (Caspar, Melchoir, and Balthasar) and
the phrase
"Christus Mansionem Benedicat,"
which is Latin for
"May Christ Bless the House."

 CatholicLink

Lord God of heaven and earth, you revealed your only begotten Son to every nation by the guidance of a star. Bless this house and all who inhabit it. May we be blessed with health, goodness of heart, gentleness and the keeping of your law. Fill us with the light of Christ, that our love for each other may go out to all. We ask this through Christ our Lord.

Diary Dates All Diary Dates can be found on our website homepage
If you click this on the bottom right of that calendar, it can add this calendar to your mobile device or computer.

W/C 8 th Jan	Year 11 Mock Exams
11 th Jan	Year 9 Options Evening 3.30pm-5.30pm
W/C 15 th Jan	Year 13 Mock Exams
18 th Jan	Year 9 Parents Evening (Remote) 4.00pm – 7.15pm
25 th January	Year 11 Parents Evening (Face to Face) 3.45pm – 7.00pm
26 th January	Year 9 Options deadline

Parents' Evenings

Appointments for the Year 9 (remote) and Year 11 (face to face) parents evenings open **today at 4.00pm**.

Appointments can be made at <https://christtheking.parentseveningsystem.co.uk/>. Parents who are unable to make appointments online, please feel free to email caroline.curliss@christthekingcollege.co.uk

To attend online appointments you will need to log in to the parents evening system and access the Year 9 consultation event on Thursday, Full instructions on how to attend your video calls can be found at <https://support.parentseveningsystem.co.uk/article/801-video-parents-how-to-attend-appointments-over-video-call> . We encourage parents to read this in advance of appointments so that any questions or problems you may have can be addressed prior to the event.

Year 11 appointments will be held in College, core subjects in the auditorium and option subjects in the canteen area. This evening takes place from 3.45pm-7.00pm.

Carisbrooke Road - Road Works

We have been advised today that the scheduled roadworks due to start on Monday, 8th January have been delayed until Thursday, 11th January.

Public Consultation

We have been asked to share the following information on proposed changes to acute hospital services.



Hampshire Together **NHS**
Hampshire and Isle of Wight

We're investing between £700 million and £900 million in hospital services in Hampshire.

We'd like to know what you think about our plans to build a new hospital, invest in Winchester hospital, and our proposals for where services are provided from in the future.

This is a once-in-a-generation opportunity to improve your hospital facilities and services for decades to come.

Have your say and help shape tomorrow's hospitals

To find out more visit www.hampshiretogether.nhs.uk or scan the QR code

You can also email hiowicb-hsi.mohhs@nhs.net call 0300 561 0905 or write to us at Freepost HAMPSHIRE TOGETHER

Our public consultation is open until midnight on 17 March 2024. We'd love to hear your views

Online safety is a vital component to protect children and as a school, we incorporate this in our curriculum. However, there are times we as a school are made aware of issues that need to be passed onto you so that you can check and monitor at home.

Online games and social media have privacy settings that need to be at the highest level to protect the identification and also location of the user. We have been made aware that some online games and media that children access, if not set correctly, will identify and pinpoint the location or home address of the user. This then opens up the potential for online grooming, abuse, and other concerning behaviours. Roblox is one of these that has been highlighted to us that needs to have the location blocked.

Please check your child's privacy settings so that they are protected.

To view this poster, use this link [Setting up parental controls on new devices](#)

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit nationalonlinesafety.com for further guidance, hints and tips for adults.

Top Tips for SETTING UP PARENTAL CONTROLS ON NEW DEVICES

In children's eagerness to start enjoying new digital gadgets immediately, it can be easy to overlook setting up the type of parental controls that can help to protect them online. If you don't sort those out from the very start, it can be an uphill battle – technologically and psychologically – to impose such controls later. Here's our rundown of what to look for when setting up the various internet-enabled devices that might be lurking under the tree at this time of year.

IPHONE

If your child's lucky enough to be getting their own iPhone, parental controls can help avoid issues like screen addiction and unsuitable content. Go into the settings and scroll down to 'Screen Time'. From here you can customise important settings including time limits on using the device, communication restrictions and content blockers. You can also lock your changes behind a passcode.

NINTENDO SWITCH

Download the Nintendo Switch Parental Controls app on your phone, and you'll be shown how to link it to the console. Once that's done, you can limit how long your child can play each day, decide what age ratings are permitted and more. You'll also get weekly updates on how often they've used the device. These controls are accessible through the console itself, but the app is usually easier.

ANDROID

With Android devices, Google's Family Link app is your friend. You'll need a Google account – and a separate one for your child, which you should use when first setting up the device. Then, in Family Link on your own device, select 'Add child' and enter their account details. This lets you specify limits on daily usage, restrict certain apps, block particular content and more.

WINDOWS 11 PCs

On Windows 11, account management is key. Set up the device with your own account as the admin. Then go to Settings > Accounts > Family and Other Users and create your child's account (if you've already done this on a previous PC, just log in with those details). Microsoft Family Safety (either the app or the site) then lets you control screen time, what content children can view and more.

PLAYSTATION

You can prep for a PlayStation before it's even unwrapped. At myaccount.sony.com, create an account, then go to Account Management > Family Management > Add Family Member to set up your child's account, which you'll use to sign in on the console. You can restrict the age ratings of the games they can play and who they can talk to. On the PS5, you can make exceptions for any games you think are acceptable despite their high age rating.

CHROMEBOOKS

Chromebooks' parental controls are managed via the Family Link app. Unlike an Android device, however, you need set up the Chromebook with your own account first, then add your child's. Go to Settings > People > Add Person and input your child's Google account details (or create a new account). Your child can then log in, and you can monitor what they're up to via Family Link.

IPAD

iPad parental controls are identical to those on iPhones. However, if you've got a shared family iPad and want to ensure your children aren't seeing anything age-inappropriate other than those on the device, there's a feature called Guided Access (under Settings > Accessibility > Guided Access). With this switched on, young ones can only use the app that's currently open.

MACS

Like iPhones, parental controls for Macs are managed via the Screen Time settings. Again, the crux here is to set yourself up as the administrator before adding any child accounts. In the settings, look for Users & Groups to create your child's account, then – while on their profile – use the screen time options to place any boundaries around apps, usage and who your child can communicate with (and vice versa).

XBOX

The Xbox Family Settings app helps you manage which games your child can play (and when). You'll need to set up the console with your own account and then add a child profile. Make sure your account's password protected, so your child can't alter your choices later. You'll be walked through the functions at setup, but you can also reach them manually via Settings > Account > Family Settings.

SMART TVS

Smart TVs typically have their own individual parental controls. One of the most popular brands is Samsung – and on their TVs you can control the content available to your child. In the settings menu, under 'Broadcasting', you can lock channels and restrict content by its age rating. Even this isn't foolproof, however; some apps (like YouTube) might still let children access unsuitable material.

Meet Our Expert

Barry Collins is a technology journalist and writer with more than 20 years' experience of writing for titles such as the Sunday Times, What? PC Pro and ComputerWeek. He's reported regularly on a wide range of television and media, including the BBC, Newsnight, Radio 5 Live and the TV News at Ten. He has two children and writes regularly on the subject of internet safety.



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The National College National Online Safety #WakeUpWednesday

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