

Spirituality at Christ the King College



At Christ the King College, spirituality is not viewed as a vague or passive concept, but rather as an active, holistic, and everyday reality.

The college explicitly connects spirituality to its core motto—**Via, Veritas, Vita (The Way, The Truth, The Life)**—and defines it through the following key dimensions:

- **A Connection to "Awe and Wonder":** Spirituality is deeply tied to recognising "awe and wonder moments" in the world. This involves exploring the complexity of creation (such as through Science and STEM subjects) and appreciating beauty and creativity as reflections of the divine image (such as in Art, Music, and Drama).
- **The *Imago Dei* (Image of God) and Inherent Dignity:** Spirituality means recognising that every individual is made in the image of God. This theological understanding drives a culture of divine dignity, mutual respect, and inclusion, ensuring that everyone in the community is treated well and valued.
- **A Foundation for Good Morality:** The school notes that spirituality is not exclusive to practicing Christians; scripture and spiritual themes are used to promote the college's values and encourage strong moral reasoning, character development, and ethical choices even among those without a personal faith tradition.
- **Holistic Flourishing:** True to Jesus' promise of "life in all its fullness" (John 10:10), spirituality is linked heavily to student and staff well-being, mental health, and emotional resilience. It is viewed as a means to restore the soul and find a sense of hope, purpose, and joy through learning and community.
- **Active Reflection and Relationship:** Rather than being passive, spirituality is practiced daily through structured, respectful morning and end-of-day prayers, weekly collective worship, and small-group form discussions where students actively process and respond to spiritual inputs.

In short, Christ the King College defines spirituality as the awakening of awe, the recognition of human dignity, and the development of a moral compass that enables both pupils and adults to experience holistic flourishing and live well together in community