Key Stage 3 ARE Frameworks

Year 8 Autumn Data Report

Art KS3 Age-Related Expectations (ARE) Framework Topic: Chuck Close

Expected

Working above

Greater Depth

Working Towards

Skills	I can:	I can:	I can:	I can:	I can:
	use a grid to help me draw a simple portrait from a photo, with help.	use a grid to draw a portrait that looks like my photo; show some details and careful lines.	draw a portrait using a grid with good proportions and clear details, working mostly by myself; experiment with different marks or colours in each square, like Chuck Close.	create a detailed, accurate portrait; use a grid, experimenting with creative marks, colours, or textures in each square to make my work more interesting, just like Chuck Close.	design and complete a complex, original portrait using advanced grid techniques; use creative marks, colour blending, or unusual materials in each square to create a portrait that is unique but clearly inspired by Chuck Close.
Knowledge	I can: say who Chuck Close is and recognise his portraits.	I can: describe how Chuck Close uses grids and photographs to make his portraits; name some materials he uses.	I can: explain why Chuck Close uses the grid method and how his portraits mix realism and abstraction.	I can: compare my work to Chuck Close's, explaining how I used his techniques and why I made certain choices for my portrait.	I can: analyse my own and others' portraits using art vocabulary, explain how Close's ideas and other influences shaped my work, and suggest ways to improve even more.

Computer Science KS3 Age-Related Expectations (ARE) Framework Topic: Computing Systems

Morling above

Creater Donth

Morling Towards

Decimains

	Beginning	Working Towards	Expected	Working above	Greater Depth
Skills	I can:	I can:	I can:	I can:	I can:
	load an application up independently; write a set of step by step institutions; explain what multitasking is.	explain how a computer system can be used to help us do something eg satnav.	give an example of what a program is; explain what an operating system does and give an example;explain how a computer can be used for different tasks.	describe how binary is used to store simple information, like numbers and letters; use logical operators (AND,OR,NOT) to make decisions in programs.	write simple messages in binary; convert binary to denary.
Knowledge	I can: identify two storage devices; identify input and output devices.	I can: name the three main parts that make a computer system; understand the role and function of the CPU, memory and storage.	I can: explain what a program is; explain what an operating system is; explain the main purpose of a general computer.	I can: describe what the binary building blocks of a computer system are; explain what AI and machine learning are.	I can: explain how hexadecimal is used in computing.

Topic: Lamps Beginning Working Towards Expected Working above

I can:

clear detail:

... produce accurate 3D

isometric drawings with

I can:

... use 3D drawing and

shading techniques to

clearly represent my

prototypes.

I can:

... produce a 3D isometric

drawing with correct

nronortions.

wood joints.

Skills

I can:

sunnort.

are.

... produce a simple 3D

isometric drawing with

Design and Technology KS3 Age-Related Expectations (ARE) Framework

Greater Depth

... use 3D isometric drawing

and shading independently

manual and digital design

techniques.

to create professional

I can:

	support;	proportions;	clear detail;	design;	design visuals;	l
	apply basic shading to	shade shapes to suggest	shade effectively to			ı
	show shape;	basic materials;	represent different	work with accuracy when	cut and join wood with	i
			materials;	cutting and joining wood;	precision to achieve a high-	ı
	use hand tools to	measure and cut wood to			quality outcome;	ı
	measure and cut wood with	form simple joints, with	measure and cut wood to	refine my CAD designs		i
	guidance.	some accuracy.	form accurate joints;	for manufacture and test	use CAD and CAM	ı
				them using CAM.	confidently to produce	i
			use 2D Design software		complex, creative	ı
			to create simple shapes for		components.	ı
			CAM.			ı
Knowledge	I can:	I can:	I can:	I can:	I can:	ı
	describe what an	explain the purpose of	research existing lamp	explain how I improved	analyse different lamp	i
	isometric drawing is;	my lamp design;	designs and gather	my design ideas based on	designs and justify my	ı
	_		inspiration;	feedback;	design decisions;	ı
	name some types of	describe how I developed				ı
	wood joints;	my ideas through drawing	develop and	show development	communicate my ideas	ı
		or examples;	communicate my ideas	through accurate drawings,	with creativity and strong	ı
	say what CAD and CAM	identify different types of	using sketches, shading,	CAD models, and	user awareness, using both	i

CAD, and notes.

Design Technology KS3 Age-Related Expectations (ARE) Framework Topic: Food and Nutrition-Developing Practical Skills and Food Knowledge

	Beginning	Working Towards	Expected	Working above	Greater Depth
Skills	I can: follow simple recipes with support; use basic equipment safely.	I can: prepare a range of simple dishes with some independence; handle high-risk foods safely, with guidance.	I can: cook a range of dishes independently, such as pasta with sauces, burgers and puddings; apply good hygiene and accurate measuring skills.	I can: adapt recipes to improve flavour or nutrition; work independently and present food neatly and consistently.	I can: create refined, well- presented dishes using a range of advanced techniques; show creativity and precision while maintaining high hygiene standards.
Knowledge	I can: name basic food groups and equipment; understand why hygiene is important.	I can: explain simple food safety rules and identify high-risk foods; describe basic ingredients in my dishes.	I can: explain key hygiene rules and how ingredients create flavour and texture; understand the nutritional value of my meals.	I can: explain how cooking methods affect taste and nutrition; evaluate dishes and suggest improvements.	I can: analyse ingredient choices and cooking methods for health, cost and sustainability; show a clear understanding of food science in practical work.

Design Technology KS3 Age-Related Expectations (ARE) Framework Topic: Textiles Batik

	Beginning	Working Towards	Expected	Working above	Greater Depth
Skills	I can: carry out parts of the batik process with help; apply wax and dyes with support; begin constructing a frame with guidance.	I can: use wax and dyes with some control and guidance; produce simple batik samples showing some pattern; construct a basic frame with support.	I can: carry out the batik process accurately and independently; produce clear and attractive fabric samples using wax and dye; construct a neat frame to display my work.	I can: experiment with different waxing and dyeing techniques to refine my outcomes; produce well-controlled and varied samples; construct a strong, well- finished frame for display.	I can: use the batik process with confidence and creativity to produce high- quality samples; refine techniques to enhance the visual impact; design and construct a frame that complements and enhances my samples.
Knowledge	I can: describe what batik is and name some tools and materials used; say what "pattern" or "colour" might mean in design.	I can: explain the purpose of batik in design and textiles; describe how I developed my batik ideas from examples.	I can: research existing batik designs for inspiration; develop and communicate my design ideas through sketches and notes.	I can: explain how I improved my batik designs based on feedback; show development through experimenting with different patterns, colours, and techniques.	I can: analyse different design influences and justify my design decisions; communicate my ideas with detail and creativity, showing strong awareness of cultural and artistic influences.

Topic: Frankenstein Beginning **Working Towards Expected Working above**

I can:

feedback means.

Skills

I can:

SKIIIS	perform one drama technique; focus when on stage -respond well to instructions from my group.	use two drama techniques with confidence; create a character; contribute to group discussions.	competently use three different drama techniques; perform characters that are different from myself; share ideas with my group and sometimes lead them.	use a wide range of different drama techniques; perform a wide range of characters different from myself; lead the groups I work with.	choose specific drama techniques knowing why they will make the most impact; create characters that are authentic and impactful; manage the complexities of working in a group, understanding when it is best
Knowledge	I can: explain what facial expressions are; explain what body language is; explain what tone of voice is.	I can: explain what communication with the audience means; explain what a storyline is; explain what giving	I can: explain what is necessary for a convincing and interesting storyline; explain what analyse means; explain what evaluation	I can: explain how to use a plot arch to communicate with an audience; evaluate my development of skills using WWW;	I can: understand how to maximise character development to successfully communicate with the audience; understand what makes a successful director;

means.

Drama KS3 Age-Related Expectations (ARE) Framework

I can:

... use analysis and

groups.

evaluation to support other

I can:

Greater Depth

... analyse and evaluate

facilitate my own development.

professional performances to

I can:

Topic: Poetry - The Romantics READING Beginning Working Towards Expected Working above

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Skills	I can: Read fluently and decode with increasing speed. Use skim and scan to retrieve information and can recall some specific, straightforward information. Identify themes and key ideas within a range of texts. Select a number of words and phrases which support my ideas and understanding. Make inferences and discuss the connotations of some words. Make predictions based on language and connotation with some detail.	I can: Use key reading skills for decoding and re-call, e.g. skim and scan Use the PEZZ paragraph structure with support to show my understanding of how language affects the reader. Make a number of points to support my ideas that are linked to the question. Select accurate quotations which support my understanding and ideas about a text. Identify some powerful language choices and discuss the connotations of words and some methods and their effect on the reader and the writer's intention. Make references to other characters or places in the text that are similar or different and the effect on the reader.	I can: Independently use my knowledge of strategies for decoding and recall. Use the PEZZ essay format with growing confidence with some depth and detail about the effect of the language on the reader. Make a number of relevant points which answer the question and have an introduction and conclusion. Select quotations which clearly support my ideas. Identify a range of language methods/some structural choices and discuss connotations and the impact on the reader and the writer's intention. Identify some links within the quotation and discuss the effects on the reader.	I can: Access a range of texts and ensure that I have a clear understanding and can identify the key points in a text. Use the PEZZ essay format in growing depth discussing the effects on the reader and the writer's intention. Make a number of clear and focused points using a formal tone on a topic as well as considering other viewpoints. Select a range of quotations which support my ideas and understanding with some becoming more subtle. Consistently identify a range of language and structural methods and discuss their connotations and impact on the reader and the writer's intention. Identify some links within the quotation and discuss their impact on the reader and find other links elsewhere in the extract/ text and discuss their effect.	I can: Respond confidently to a range of texts and can summarise key points and ideas. Use the PEZZ essay format and present a clear line of argument and a confident understanding of how writers have used language for effect and purpose. Make a range of detailed and precise points focusing on a range of ideas with a confident coverage of the text, Use a range of judicious quotations to support all my points. Confidently identify a range of linguistic and structural methods and discuss in depth their impact on the reader and the writer's intention. Frequently identify perceptive links within the quotations and discuss their impact on the reader and have a confident understanding of the writer's intention.

English KS3 Age-Related Expectations (ARE) Framework

Greater Depth

English KS3 Age-Related Expectations (ARE) Framework Topic: Poetry - The Romantics READING

	Beginning	Working Towards	Expected	Working above	Greater Depth
Skills Cont.	Give a personal response to texts, forming opinions, saying what I think about a text. Demonstrate some understanding of the time in which the text was set/ written.	Understand clearly the themes (Big Ideas) linked to a text, character or quote. Understand a number of ideas and messages about key issues when the text was written.	Discuss points about the wider issues/ themes linked to a quotation or a text. Show some understanding of the time in which the text was set/ written and how it links to the message of the text.	Discuss with increasing detail on the key messages/ themes in a text Demonstrate a clear understanding of the time in which the text was written and link to the quotation/ the message of the text.	Discuss in detail on a variety key messages/ themes within the text and link themes to writer's purpose. Discuss with confidence an understanding of the time in which the text was written and link to the quotation/ the message of the text.
Knowledge	I can IDENTIFY: similar topics within some of the poems; some emotions in the poems; make 1 or 2 statements about the industrial revolution and how it changed society; understand how the industrial revolution affected people.	I can COMMENT ON: the main ideas and themes in the romantic poems; why certain themes are important to writers based on the emotions they reveal; the poets' backgrounds and why they have written their poems; the impact of the Industrial revolution on society and individual people.	I can EXPLAIN: why key topics are focused on in the poems; why key groups of people are focused on in poems; the impact of industrialisation on people and society both positive and negative; how the Enlightenment caused writers to focus on nature and emotions.	I can DISCUSS: common features and topics found in Romantic poems; why these topics were important to writers and society; a number of positive and negative factors that the Industrial Revolution brought to British society; the impact on the Enlightenment on the Romantic movement.	I can EXPLORE and LINK: how different writers discuss key themes in their poems; how writers are similar and different in their ideas and language use; a range of impacts the industrial revolution had on British society and the British Empire; how the Romantic movement was a reaction against the Enlightenment.

Geography KS3 Age-Related Expectations (ARE) Framework Topic: What is Climate Change and how will it affect people and the environment?

Expected

Working above

Greater Depth

Working Towards

Skills	I can describe what the greenhouse effect is with help; create a diagram of the greenhouse effect using scaffold and a word bank; create a diagram of tropical storms using scaffold and a word bank.	I can describe the greenhouse effect in detail; create a diagram of the greenhouse effect using scaffold; create a diagram of tropical storms using scaffold; write like a geographer using geographical vocabulary with support.	I can independently explain how the greenhouse effect and climate change are connected; create an accurately labelled diagram of the greenhouse effect; create an accurately labelled diagram of tropical storms; rank impacts of climate change; write like a geographer using geographical vocabulary.	I can apply my understanding of the greenhouse effect to compare how climate change affects different countries; rank and justify impacts of climate change; write like a geographer using a wide geographical vocabulary.	I can evaluate the evidence for climate change and justify using examples why it is a pressing issue; write like a geographer using a wide geographical vocabulary accurately.
Knowledge	I can name one piece of evidence that global climate change is happening with prompts; identify how climate change is impacting people and the environment with prompts; describe ways people can adapt to climate change with prompts; describe how tropical storms form with help.	I can describe one piece of evidence that global climate change is happening; identify how climate change is impacting people and the environment; describe ways people can adapt to, and mitigate against climate change; describe how tropical storms form in detail.	I can discuss at least three global impacts of climate change, including examples from case studies (Maldives, USA and China); identify the difference between adaptation and mitigation; describe how tropical storms are managed; explain how tropical storms form.	I can compare impacts of global climate change; explain and begin to rank different adaptation and mitigation approaches; explain the different ways tropical storms can be managed.	I can evaluate the impacts of global climate change, using examples for comparison; explain different types of tropical storm management, identifying their advantages and disadvantages.

History KS3 Age-Related Expectations (ARE) Framework Topic: Poos & Loos - When did Public Health really change in Britain?

Expected

Working above

Greater Depth

Working Towards

Skills	I can:	I can:	I can:	I can:	I can:
	state that something changed or stayed the same; identify a comparison between two time periods.	describe a feature of change or continuity; identify a reason for this; to make a comparison between two time periods.	describe several features of change or continuity;begin to explain reason(s) for this;to make several comparisons between two time periods.	describe several features of change or continuity; explain specific reasons for change and continuity; begin to judge how important these changes were and compare different periods.	explain how and why features of change and continuity occurred;compare several different time periods;judge how important these changes were and compare different periods.
Knowledge	I can: name a time period or fact that is related to our study; show a basic understanding of what happened.	I can: recall some knowledge about one or more time periods;show an understanding of what happened.	I can: use clear and relevant knowledge about two time periods; identify examples of both progression and regression in health and sanitation.	I can: use relevant and detailed knowledge of two different time periods; describe examples of both progression and regression in health and sanitation.	I can: use relevant and detailed knowledge of three or more time periods; explain key features and developments in each period.

Mathematics KS3 Age-Related Expectations (ARE) Framework Topic: Ratio and Scale Working Towards Expected Working above

Greater Depth

Skills	I can:	I can:	I can:	I can:	I can:
	understand and use ratio notation.	express ratio in simplest integer form.	divide a quantity into a given ratio.	express a ratio in the form 1:n and n:1.	apply gradient as a ratio in problem solving questions.
Knowledge	I am: beginning to understand the meaning of ratio notation.	I know: that ratio can sometimes be simplified but may need assistance with this.	I know: how to divide quantities in parts using a ratio like 2:3.	I know: how to express any ratio in the form 1:n or n:1 accurately.	I can: understand gradient as a rate of change in real life scenarios.

Modern Foreign Languages KS3 Age-Related Expectations (ARE) Framework Topic Travel and Tourism

Expected

Working above

Greater Depth

Working Towards

Skills	I can:	l can:	l can:	I can:	l can:
	recognise some Y8 vocabulary from a spoken text with support; correctly pronounce three Y8 SSCs (e.g [oi] voir); read a short sentence aloud with no errors in pronunciation.	understand elements of a short passage from a spoken text with support; correctly pronounce three to five Y8 words using SSCs (e.g [oi] voir); read extended sentences aloud accurately and with some hesitation.	understand and pick out key information from a spoken text with limited support; correctly pronounce five to ten Y8 words using SSCs (e.g [oi] voir); read extended sentences aloud with little or no hesitation.	understand and pick out key information and details from a spoken text with limited support; correctly pronounce all Y8 words using SSCs (e.g [oi] voir); read extended sentences aloud confidently; correctly pronouncing some more challenging SSCs.	can understand and pick out key information and details from a spoken text without support; correctly pronounce unfamiliar words using knowledge of SSCs; read a short text aloud confidently, correctly pronouncing most more challenging.
Knowledge	I can:	I can:	I can:	I can:	I can:
	begin to recognising the difference between the definite and indefinite articles le, la, l' les and un, une and des; recognise a future time frame from a spoken or written text with support.	understand when to use the definite and indefinite articles le, la, l' les and un, une and des with support; understand how to use a future time frame without support.	use the definite and indefinite articles le, la, l' les and un, une and des with limited support; form the near future tense in the 'je' form and/or use je voudrais + infinitive with limited support.	use the definite and indefinite articles le, la, l' les and un, une and des accurately with limited support; form the near future tense in singular forms and use je voudrais + infinitive without support.	use the definite and indefinite articles e, la, l' les and un, une and des accurately without support; form the near future tense in all forms and use je vouloir + infinitive without support.

Topic: Beethoven's Für Elise | Beginning | Working Towards | Expected | Working above

	perform the simple version of Für Elise with mostly accurate notes (at least the first few bars, right hand melody only); play with an awareness of note lengths.	perform the simple version of Für Elise with mostly accurate notes & rhythm (right hand melody only); play with consistent tempo in some parts.	perform the simple version of Für Elise with mostly accurate notes & rhythm; play with mostly consistent tempo without too much hesitation; play at least part of it with 2 hands.	perform the simple version of Für Elise or part of the original version with accurate notes & rhythm, or part of the original version; play fairly fluently with a consistent tempo; play all of it with two hands.	perform the original version of Für Elise (full 1st section) with accurate notes & rhythm;play fluently with a consistent tempo; play the full original left hand part.
Knowledge	I can:	I can:	I can:	I can:	I can:
	say something about Für	describe one or two	describe some features of	describe in some detail	describe most of the

Music KS3 Age-Related Expectations (ARE) Framework

I can:

I can:

features of Für Elise and/or

... read most of the notes in

... read all of the main notes

notation (in the treble clef);

the life of Beethoven;

from standard music

... read some of the

staff notation;

rhythms.

Greater Depth

features of Für Elise and/or

... read all of the notes in staff

... read all of the main notes

(in the treble clef and bass

... read all of the rhythms.

from standard music notation

the life of Beethoven

notation straight away;

covered;

clef);

I can:

... say something about Für ... describe one or two ... describe some features of features of Für Elise and/or Elise and/or the life of Für Elise and/or the life of Beethoven; the life of Beethoven; Beethoven; ... understand how standard ... understand how staff ... read some notes in staff music notation shows which notation works but don't notation; note to play. remember any notes; ... can name some notes ... name some notes from from standard music standard music notation. notation; ... understand how rhythm notation works.

I can:

Skills

I can:



Skills

Beginning

PE KS3 Age-Related Expectations (ARE) Framework Topic: Invasion Games

Expected

Working Towards



Greater Depth

Working above

Ball Control & Movement	☐ I'm beginning to develop my control of the ball, especially when moving faster or with opponents close.	☐ I'm working towards gaining consistency in controlling the ball and moving with it in most situations.	☐ I can consistently control the ball and move effectively in different game situations, making good decisions.	☐ I can skillfully control the ball and move with it, even under pressure, using a variety of techniques.	☐ I can master ball control and movement, creating excellent opportunities for my team with ease.
Attacking & Defending	☐ I'm beginning to improve my attacking and defending choices and learning about positioning.	☐ I'm working towards making more contributions to attack and defence, and I'm learning to be in the right spot.	☐ I can consistently make good attacking and defending decisions, positioning myself well to help my team.	☐ I can anticipate play and make smart contributions to attack and defence, influencing the game positively.	☐ I can be a powerful player in attack and defence, consistently making game-changing plays.
Leadership in Practice	☐ I'm beginning to to offer ideas and help organise others.	☐ I'm growing in my ability to contribute ideas and help organise when guided.	☐ I can actively share ideas and help organise my teammates, giving helpful feedback.	☐ I can effectively lead a small group or a specific drill, explaining tasks clearly and encouraging others.	☐ I can confidently lead and motivate my team, taking initiative to solve problems and improve our performance.
Knowledge					
Rules	☐ I'm beginning to understand my game rules and learning from errors.	☐ I'm working towards strengthening my knowledge of most rules, even in trickier situations.	☐ I can confidently understand all the rules and apply them correctly in games.	☐ I can use the rules strategically to benefit my team and understand how officials interpret them.	☐ I can demonstrate an expert understanding of all rules, even using this knowledge to gain advantages.
Tactics & Strategies	☐ I'm beginning to learn how to use tactics and strategies to improve our team's play.	☐ I'm working towards beginning to identify and try out simple tactics in games.	☐ I can understand and apply basic tactics like creating passing triangles or marking areas.	☐ I can adapt my tactics based on who we're playing and what's happening in the game.	☐ I can develop and use smart game plans, even changing them during the game to be more effective.



PE KS3 Age-Related Expectations (ARE) Framework Topic: Net Games



Skills	Beginning	Working Towards	Expected	Working above	Greater Depth
Sending and receiving over the net	☐ I'm beginning to develop consistency in hitting/sending the ball/shuttle over the net.	☐ I'm working towards gaining consistency in hitting/sending the ball/shuttle over the net with some accuracy.	☐ I can consistently hit/send the ball/shuttle over the net with reasonable accuracy and control.	☐ I can consistently hit/send the ball/shuttle over the net with varied power and direction.	☐ I can reliably hit/send the ball/shuttle over the net with excellent control, placing it precisely to win points.
Court awareness and shot placement	☐ I'm beginning to improve my movement around the court and understanding of where to hit.	☐ I'm working towards moving to cover my court and trying to hit into bigger open spaces.	☐ I can consistently recover to a central position and try to place shots into open areas of the opponent's court.	☐ I can move efficiently to cover my court and use different shots to target smaller, tricky open spaces.	☐ I can anticipate play and move strategically, consistently placing shots with disguise and precision
Leadership skills	☐ I'm beginning to offer ideas or help organise others.	☐ I'm growing in my ability to contribute ideas or help organise when guided.	☐ I can actively contribute ideas and help organise my teammates, offering constructive feedback.	☐ I can effectively lead a small group or a specific drill, clearly explaining tasks.	☐ I can confidently lead and motivate my team, taking initiative to solve problems
Knowledge					
Rules	☐ I'm beginning to understand most rules, but I sometimes make mistakes.	☐ I'm working towards my knowledge of most rules, even in trickier game situations.	☐ I can confidently understand all the rules and apply them correctly in games.	☐ I can apply the rules strategically to my advantage and understand how officials make calls.	☐ I can demonstrate an expert understanding of all rules and use this knowledge to help my team.
Tactics and strategies	☐ I'm beginning to learn how to use simple plans to improve my play.	☐ I'm working towards identifying and try out simple tactics, like hitting away from the opponent.	☐ I can understand and apply basic tactics like hitting to open space or changing the speed of the shot.	☐ I can adapt my tactics based on my opponent and the game situation, using a few different plans.	☐ I can develop and try out smart game plans, changing my tactics during the game to win.



Fitness

are used in daily life.

PE KS3 Age-Related Expectations (ARE) Framework **Topic: Health and Fitness**



activities.

Skills	Beginning	Working Towards	Expected	Working above	Greater Depth
Pushing your body safely	☐ I'm developing my ability to try a bit harder and keep going.	☐ I'm gaining consistency in pushing myself to a good effort level, remembering to pace myself.	☐ I can consistently try my best and keep going, understanding how to manage my effort safely.	☐ I can challenge my body with increasing effort and sustain it for longer, safely and effectively.	☐ I can confidently push my physical limits in a safe way, adjusting my effort for maximum benefit.
Understanding your body through data	☐ I'm improving at noticing how my body responds to different exercises.	☐ I'm becoming better at taking my pulse and noticing how it changes during exercise.	☐ I can take and record my pulse accurately before, during, and after exercise, and explain simple changes.	☐ I can use my pulse data to understand if I'm working hard enough or need to push more.	☐ I can accurately track and explain how different exercises affect my heart rate and body.
Leadership in Practice	☐ I'm starting to offer ideas or help classmates organise activities.	☐ I'm growing in my ability to give simple, specific encouragement to classmates.	☐ I can give clear, positive feedback that helps a classmate understand how to try harder or improve.	☐ I can clearly explain a simple fitness activity or exercise to classmates and motivate them.	☐ I can lead a small fitness activity, giving clear instructions and motivating my classmates to participate fully.
Knowledge					
Safety & Risk Awareness	□ I'm developing my understanding of why safety rules are important for fitness equipment.	☐ I'm gaining consistency in using a range of fitness equipment safely and correctly.	☐ I can consistently use a variety of common fitness equipment safely	☐ I can identify specific safety checks needed for different fitness equipment.	☐ I can proactively spot potential dangers with fitness equipment set-up or use
Components of	☐ I'm exploring more types of fitness and what they mean.	☐ I'm learning to give clear examples of how different fitness components	☐ I can name and give clear examples of the major components of fitness (e.g., stamina, strength, flexibility,	☐ I can explain how different components of fitness are used in	☐ I can deeply explain the role of various fitness components and how they impact performance in different

speed).

various sports and activities.

Religious Education KS3 Age-Related Expectations (ARE) Framework **Topic: What are the Abrahamic Religions?**

	Beginning	Working Towards	Expected	Working above	Greater Depth
Skills	I can: talk about what I have learned with help; understand some simple religious terms.	I can: make simple comparisons between the religions; begin to use religious vocabulary with support.	I can: compare religious beliefs and say how they are similar or different; use religious vocabulary when I explain my thinking.	I can: give balanced views, showing understanding of different beliefs; use religious vocabulary accurately when I explain my thinking.	I can: argue different viewpoints using evidence from religious texts and beliefs; use religious vocabulary accurately when I explain my thinking.
Knowledge	I can: name the three Abrahamic religions; identify one important person from each religion (e.g. Abraham, Jesus, Muhammad); say something simple about a belief or story from each religion.	I can: describe some key beliefs and practices in Judaism, Christianity and Islam; talk about the role of Abraham in all three religions; name and describe some key figures like, Isaac, Jacob, Joseph and Ishmael.	I can: explain what Abraham, taught or believed; make links between Isaac and Christianity and Judaism; Make links between Ishmael and Islam.	I can: explain in detail the roles of Abraham, Isaac and Ishmael and their importance in each religion; show how the Abrahamic religions connect through shared beliefs and history.	I can: critically evaluate the impact of Abraham, Isaac and Ishmael across different faiths.

Science KS3 Age-Related Expectations (ARE) Framework Topic: Body fuels Working Towards Expected Working above

	Beginning	Working Towards	Expected	Working above	Greater Depth
Skills	I can: identify the IV, DV and CV in the food test experiment;	I can: describe a simple method to carry out a practical for food tests;	I can: write a step by step method including safety precautions;	I can: suggest ways to improve reliability; compare the	I can: critically evaluate a scientific method and suggest improvements;
	name some of the of the organs in the body.	describe the main features of at least major body systems.	explain how specific key organs function within these systems.	structure / function of similar processes or organs across different systems.	link 2 major body systems and explain their interdependence.
Knowledge	I can: name the different food groups;	I can: list the reagents used to carry out food tests; describe the function	I can: describe the expected positive food tests; explain the process of	I can: analyse and interpret results of food tests; analyse data related	I can: link food groups to their nutritional benefits; compare and contrast
	name some of the organs of the respiratory system.	of the respiratory system.	breathing.	to lung capacity.	the composition of exhaled and inhaled air.